ASHBROOK

APARTMENTS



THE ASHBROOK NEWS

January & February 2019

2-8 Syme Street, Ashford, SA 5035

Phone: (08) 8193 0000 Mobile: 0477 870 071

manager@theashbrook.com.au sales@theashbrook.com.au

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NEW YEAR'S EVE

Following the successful return of *Friday Night Happy Hour*, the Social Committee invited residents to a subsidised "New Year's Eve" dinner, for just \$5 per head.

Those who attended enjoyed Rotisserie Chicken & Gravy, Green Salad with condiments, and Potato Salad complimented with some interesting BYO wines.

At 9.00pm, the group gathered in the Sports Bar to watch the "Elder Park" and then "Glenelg" fireworks with drinks in hand and more food set out for supper.

By 10.30pm most residents had retired to their apartments to watch the "Round the World' fireworks on TV in their comfiest set of Pyjamas.

It is understood however, that there were a few revellers still on the 4th Floor watching the "Midnight" fireworks at Elder Park.



BOOK A TOUR 0477 870 071



APARTMENT 1.18 First Floor & Spacious

Large first floor Traditional style apartment. Facing South West, relax on one of the largest balconies available - spanning the width of the apartment. Spacious and bright living areas, 2 bedrooms and $1^{1/2}$ bathrooms.

Spacious, beautiful & rare! \$528,000

AUSTRALIA DAY AT THE ASHBROOK



After some hot weather during January, Australia Day was a balmy 30 degrees with a relieving cool breeze which blew calmly through the Barebeque area in The Ashbrook Courtyard area.

Approximately 25 residents joined together for a Barbeque lunch and sing along with the Ukulele group. It was the perfect spot, sitting under the shade of the large umbrellas and green trees.

A few Australian flags and other decorations added to the atmosphere as the meat was cooked and glasses clinked, we also snacked on a wonderful range of salads and desserts accompanied our lunch.

Although a few games had been set up (like Putt Putt, Quoits, and Bocce) most residents chose to enjoy quiet chat with friends or listening to the ukuleles group whilst singing along together.



HAPPY HOUR GUEST SPEAKER

11^{TH} January 2019

Dr Tony Swain Anaesthetist

The numbers wishing to hear Tony speak were unprecedented; 68 people added their names to the list!

The Sports Bar has a capacity to fit up to 50 guests in comfort, so it was decided that a second session would be added.

Tony's speech was extremely interesting and enlightening. He spoke about the development of anesthetics in the 17th and 18th Century with the use of ether.

Thank heavens we live today and don't endure the antiquated methods they used in those days!

We appreciate Tony taking the time to share his vast knowledge with us and hope to learn more from him soon.





FEATURED PROPERTIES THIS MONTH



APARTMENT 3.13

Perfect all year 'round!

This bright North facing traditional apartment has it all - style in a spacious 2 Bedroom, 2 Bathroom third floor apartment with room to entertain family and friends.

Beautiful, roomy and bright. \$535,000

CRAFT GROUP TRADING TABLE

We were again blessed with perfect weather for this event held on 17 November last year.

It was pleasing to see so many of our residents and their family and friends supporting us on the day. The trading tables were abundantly stocked with gifts and home-made goodies. The sausage sizzle and hot dogs were in demand and many followed this up with a chance to chat over a cuppa.

The Craft Group would like to extend our thanks to all who contributed in any way to making this day such a success.

Our overall profit was \$1720 which was a magnificent result. The proceeds (\$430.00 each) have been donated to the four nominated charities:

- Royal Flying Doctor Service
- Alzheimer/Dementia Research
- Parkinson's Foundation
- Matt Bowtell Prosthetics for children

Once again, thanks everyone for your support.

Barb McFarlane Coordinator



CALL TO BOOK A PRIVATE TOUR 0477 870 071

APARTMENT G.08 Spacious, ground floor & simple

Wake up to beautiful views of Ashbrooks front garden. This spacious apartment features 2 bedrooms, as well as open plan Living/Dining spaces and a separate toilet.

Simplicity made stylish. \$530,000

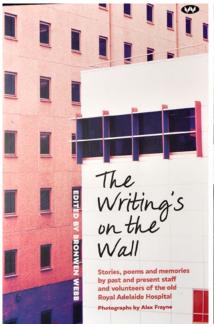


THE WRITING'S ON THE WALL

The Writing's on the Wall is an anthology about the old Royal Adelaide Hospital. The book was launched on Tuesday 5th February, and two very proud Ashbrook Residents, (Annie Windsor and Barb McFarlane) were contributors to this book.

The photo below was taken at the official Book Launch on Tuesday, our residents are pictured with some of the other authors who also contributed.

If anyone is interested in purchasing the book, copies are available from the Creative Health Centre at the new RAH.





BRAIN TEASER

Q: What is 14th standing up and 26th on it's side?

A:___

See Erika at Reception with your answer to see if you've figured it out!



BIGGEST MORNING TEA

The Biggest Morning Tea for 2019 will be on Friday 24th May, so put the date in your diary and don't double book yourself.

If you have any items that could be donated for the Trading Table, or are willing to cook some sweet treats and other goodies for sale on the day, I would love to hear from you.

More details about this event will be distributed closer to the date.

Barb McFarlane Biggest Morning Tea Host



CALL ERIKA TO BOOK A PRIVATE TOUR 0477 870 071



APARTMENT 1.19 Sunny and on the First Floor!

This first floor 2 bedroom, $1^{1/2}$ bathroom Traditional style Apartment has spacious living areas perfect for entertaining as well as a great Sunroom space to relax in and enjoy in the warner months.

North Facing and Bright. \$522,000



JP SERVICE

Mr Owen Wheeler

3222 - Apartment 2.22

Hamra Centre Library
1 Brooker Terrace, Hilton 5033
Monday to Friday, 10am - 4pm.
*No appointment necessary, but please call ahead to

ensure that a JP is present.

8416 6228.

TRANSPORT

Suburban Taxis

 $131\,008$ - Quote "VIP8807"

MOBILE HAIRDRESSER

Michelle 0416058097

FEBRUARY		
FRIDAY 1ST	Happy Hour - Level 4 5.00pm	
MONDAY 4TH	Social Committee Meeting 2.00pm	
Friday 8th	Brickworks Shopping Bus 9.45am Happy Hour Guest Speaker - Level 4 5.00pm	
Monday 11th	Resident Committee Meeting 2.00pm Book & Film - Level 4 4.00pm	
Friday 15th	Happy Hour - Level 4 5.00pm	
Monday 18th	Luncheon at The Junction 12 noon	
Friday 22nd	Brickworks Shopping Bus 9.45am Happy Hour - Level 4 5.00pm	
Monday 25th	Games - Level 4 2.00pm	

REGULAR WEEKLY ACTIVITIES:

DAILY	Pool, Sports Bar 4:00 pm
MONDAY	Bridge, Restaurant 7:00 pm
Tuesday	Art Group 9:30 am Mens Carpet Bowls , Rec Room 2:00 pm Womens Carpet Bowls, Rec Room 4:00 pm Ladies Pool, Sports Bar 7:00 pm
Wednesday	Keep Fit, Rec Room 9:45 am Craft , Dining Room 1:30 pm
Thursday	Zumba Gold, Rec Room 10:00 am Movie Matinees, Theatre 1:30 pm Ukulele, Level 4 4:00pm
FRIDAY	Rummikub, Dining Room 2.30 pm
SATURDAY	Rummikub, Dining Room 2.30 pm